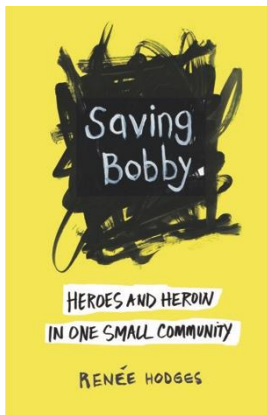




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THE INSPIRING RECOVERY STORY OF HOW ONE YOUNG MAN TRIUMPHED OVER OPIOID ADDICTION



“As an orthopaedic surgeon, I can say that we have faced the perfect storm in unwittingly facilitating opioid addiction in our patients....This has created an environment where the downstream catastrophe of opioid addiction has not been prioritized or even really thought much about. **Renee Hodges has now given us a very loud, clear wakeup call that we must heed...One has to ponder the tremendous good fortune and massive effort required to shepherd Bobby through the process of recovery.**”

—Claude T. Moorman, III, MD, Executive Director, Duke Sports Sciences Institute and Head Team Physician, Duke Athletics

SAVING BOBBY: **Heroes and Heroin in One Small Community** **By Renée Hodges**

In the United States, opioid overdoses are now one of the leading causes of accidental death*—a staggering statistic for families struggling with opioid addiction. **SAVING BOBBY** is the gripping and poignant story of how Renee Hodges, her family, a small community, and Bobby himself triumphed in the face of statistics.

When Hodges invited her nephew, Bobby, to stay for several weeks, she knew he was recovering from an addiction to prescription painkillers prescribed for his back pain, but she was completely unprepared for the arduous sixteen month journey that followed.

Unlike other books about addiction, **SAVING BOBBY** begins after Bobby has left the structure and protection of multiple rehabilitation centers and half-way houses. Told in part through journal entries and e-mails, this raw, moving memoir describes a naïve aunt’s deeply personal journey grappling with her own family’s history of addiction, the crippling ripple-down effect of the disease in other generations, and the resources and holistic process used to help Bobby reclaim his life.

It is markedly clear that Bobby’s success was due in great part to having support from a caring community willing to move past the shame and stigma of addiction. But for all the efforts made

on Bobby's behalf, the most important decision in the end was his. Ultimately, Bobby realized that he had to save himself.

A riveting and heartrending story of survival, **SAVING BOBBY**, is an essential, timely read for those concerned about America's most pressing epidemic.

Although her Louisiana roots run deep, **RENÉE HODGES** and her husband have called North Carolina home for the past thirty years. Hodges has worked as a campaign manager for a candidate for the Texas State House of Representatives (she won); front deskperson at a ski resort; and volunteer recruiter and registration head during a presidential campaign in New York City. She also co-wrote and self-published the *Best Kept Secrets* series of guides in the 1980s. Settling into motherhood and raising a family has been her most satisfying work however, and today she is a wife, mother of three, writer, investor, community volunteer, and avid tennis player. Learn more at www.ReneeHodgesAuthor.com.



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MORE PRAISE FOR SAVING BOBBY:

"...This book is a must-read for all of us."—**Kim Leversedge MD, Board Certified Pediatrician**

"...Teachers and parents will benefit from reading this eye-opening account into what might be an unfamiliar reality."—**Denise E. Carr, junior high and middle school science teacher**

"...this story, though it is so poignantly Bobby and Renée's story, belongs to us all.... This is a book you cannot put down. This is a story you cannot forget—nor should you."—**Dee Mason, journalist, author, playwright, and public speaker**

"Herein lays the potential of this book. It is awe-inspiring to those in similar situations, whose numbers we know are huge. It is extremely inspirational to an addict to read of hopeful recovery with support and love from various sources, and to encourage the addict to seek these out. They are available."—**Dorothy Rogers, artist,**

RE: SAVING BOBBY: Heroes and Heroin in One Small Community

By Renée Hodges

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With an Afterword by Becky Georgi, MS, LPC, LCAS, CCS

*Shatterproof.org website, About Addiction section



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